Missouri Families 4 Families

EMPOWERING FAMILIES

MISSOURI FAMILIES 4 FAMILIES NEWSLETTER MARCH 2021



FROM THE DIRECTOR'S DESK

March is so welcome with warmer weather. Hope you have been able to enjoy it. Here at MO Families 4 Families we are getting ready for our 15th Annual Shining Light Award Ceremony which will be held live on FB on May 1st at 11:00am. The deadline to nominate has been extended. More information and nomination form is in this newsletter. The 2021 Children's Mental Health Week poster is available. We are currently planing trainings across the state. Watch our Website and FB pages for more information.



Barb Scheidegger

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EAST-ST. LOUIS

Collaborative Action Team (CAT) project lead by National Organization Family Voices from Massachusetts, Leadership in Family and Professional Partnership.

Our MO Team has seven members and they will be presenting their plan to the multi states group in April. Rene Murph, East Regional Director will be doing presentation to the St Louis Parent Advisory Council

SOUTHEAST

Attending System of Care (SOC) in different location in the region. Plan to start Families 2 Gether groups in the region.

CENTRAL

Plans are being made for trainings including: "WRAP", " What's In Your Toolbox?", "What are Natural Supports", "Families Serving on Groups that Make Decisions" MOF4F Director now is co-chair of the Jefferson City/Holts Summit System of Care (SOC) and chair of the Osage County SOC

SOUTHEAST

Attending System of Care (SOC) in different location in the region.

SOUTHWEST

Working on partnering for activity for Children's Mental Health Week in May. Planning trainings, "What's In Your Toolbox?" and "Families Serving on Groups that Make Decisions".

WEST

Contacted serve provide in region to reach families they serve. and invite families to Families 2 Gether in Kansas and Harrisonville and trainings.

Contact

EAST Rene Murph renemurph@gmail.com

SOUTHEAST

Barb Scheidegger mofam4fam@gmail.com

CENTRAL

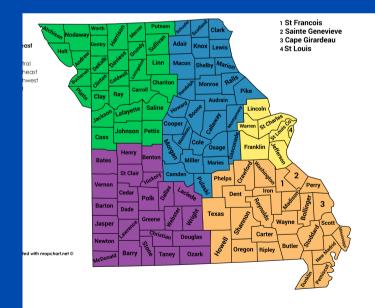
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WEST

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SOUTHWEST

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CONTRACT POSITION AVAILABLE

Regional Director-for more information contact MO Families 4 Families state office at 573-619-1322 or mofam4fam@gmail.com for more information and an application



Families 2 Gether Support/Network Groups with zoom

The groups can provide you as a parent, caregiver, grandparent a place to talk together. share information and resources together.

Check out the date, time and login of a group near you on our website mofamilies4families.com FB pages @MOF4F

You may contact us about a group or for support. mofam4fam@gmail.com 573-619-1322

NOTICE Be sure to attend the Families 2 Gether Group closest to you for a chance to win an attendance prize drawing.

Families 2 Gether Groups by Zoom

<u>East Region</u> St Charles Area Third Thursday at 7:00 pm

<u>Southeast</u> Phelps-Crawford Counties Third Tuesday at 7:00 pm

<u>Central Region</u> Jefferson City Area First Tuesday at 7:00 pm

Jefferson City Area Grandparents Second Tuesday at 10:00 am

Lake Area Second Monday at 7:00 pm

Owensville Area Second Thursday at 7:00 pm

<u>Western Region</u> Kansas Area Fourth Tuesday at 7:00 pm

Harrisonville Area Fourth Monday at 7:00 pm

<u>Southwest Region</u> Springfield Area-Fourth Thursday at 7:00 pm

Check out our FB pages for login information or email us mofam4fam@gmail.com or 573-619-1322

WHO WE ARE

Missouri Families 4 Families was organized in 2006 in Jefferson City with families from the Central and Southwest areas of the state who have personal life experiences as families who have children and youth with social emotional, behavioral, and/or mental health needs. They had a vision to use their experiences to support and help other families across the state of Missouri, MOF4F represents families statewide by being a voice for families on state and local committees and advocating for families who have children/youth with mental health needs.

CONTACT US

CALL: (573) 619-1322

EMAIL: MOFAM4FAM@GMAIL.COM

VISIT: MOFAMILIES4FAMILIES.COM

CLICK: HERE FOR REGIONAL CONTACTS

FOLLOW: FACEBOOK <u>@MOF4F</u>

OUR MISSION

Bring hope to Missouri's families with children and youth who have emotional and behavioral health needs.

At MOF4F we:

- Nurture and support family connections to each other and to quality services
- Provide family assistance through information, support, training and technical assistance in local communities resulting in selfadvocacy
- Promote family voice on decision making committees that develop and monitor policy, planning, and service delivery for children/youth with emotional behavioral needs at all levels of services

